

**INSIDE THIS ISSUE:**

<i>MSC Director</i>	1
<i>Corps Chief's Office</i>	2
<i>Customs and Heritage</i>	4
<i>Detailers</i>	5
<i>Reserve Update</i>	6
<i>Specialty Spotlight</i>	7
<i>MSC Holidays</i>	11
<i>Crossword</i>	36
<i>Contacts</i>	38

**Newsletter Spotlight**



LT Matthew Miles, DHA Detachment Camp Lejeune Detachment at the 2D Dental replacement clinic site. More on page 6!

Find the Elf! Email your answer to [rommel.r.rabulan.mil@mail.mil](mailto:rommel.r.rabulan.mil@mail.mil).

The winner will be recognized in the next edition of the "The Rudder".



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LT J. Jacesko

LT J. Menendez

LT J. Rose



**FROM THE MSC DIRECTOR**



Greetings MSC Leaders,

On behalf of RDML Moritz and your BUMED-based MSC staff,  
**HAPPY NEW YEAR!**



As we bid farewell to a challenging 2020, please know that your leadership, innovation, resilience, and dedication ensured our missions were successful. We are a better Naval Force because of each of you, and you should be very proud of your accomplishments. I certainly am.

Challenges will continue in 2021, but I also know that opportunities abound in support of our Corps, our Navy-Marine Corps Team, and each other. Please take advantage of these opportunities as you renew your commitment to Leading Through Service and achieving your personal and professional goals.

May 2021 bring you happiness, healthfulness, and a renewed sense of inspiration and achievement.




# FROM THE CORPS CHIEF'S OFFICE

## MSC CAREER DEVELOPMENT BOARDS

RDML Timothy Weber discusses the importance of Navy Medical Service Corps Career Development Boards:

<https://www.milsuite.mil/video/watch/video/38739>

Sending our warmest thanks to

*CDR Vince Deguzman*

for his dedicated service to “The Rudder” and superb leadership and guidance as the MSC Newsletter Editor for the past four and a half years!!!

Wishing you great success in your future endeavors!

“Fair Winds and Following Seas”



## CALL SIGNS

A publication of the US Navy Aerospace Experimental Psychology (AEP) Society. Each issue highlights the AEP community's activities supporting Warfighter operational medical requirements, delivering new capabilities to our Naval Forces to ensure a medically ready force and a ready medical force.



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<https://www.milsuite.mil/book/groups/navy-msc-high-reliability-organizations-hro>



# CUSTOMS AND HERITAGE

## THE PLANKOWNER CHRONICLES: WOMEN PIONEERS OF THE MEDICAL SERVICE CORPS, PART V

### THE ADVENT OF DIETETICS AND FOOD MANAGEMENT

BY: ANDRE B. SOBOCINSKI, HISTORIAN, BUMED

Like many of the other Medical Service Corps specialties, Dietetics and Food Management pre-dates the founding of the corps.

In the first decades of the U.S. Navy, the shipboard surgeon and surgeon's mate acted in the role of "proto-"dietician - prescribing diets for sick and injured Sailors and ensuring that naval vessels were sufficiently supplied with provisions to ward off dietary diseases like scurvy.

For the first decades of the twentieth century, Navy nurses typically took on the role of hospital dietitians. And hospital diet kitchens and kitchen personnel came under the jurisdiction of nurses, most of whom had some training in dietetics and cookery.

The Navy's Nurse Corps shortage in World War I necessitated the hiring of the first civilian dietitians. In 1918, the Bureau of Medicine and Surgery (BUMED) appointed 30 female dietitians and assigned them to 13 naval hospitals. Among these pioneers was Doris Daniels who sought to "professionalize" the specialty by emphasizing the science of

dietetics and delineating the roles for dietitians. While stationed at naval hospitals Great Lakes, Mare Island, and Philadelphia, Daniels helped to spearhead the Navy's first courses of instruction on dietetics specially designed for physicians, nurses, pharmacists and Hospital Corpsmen.

After the war, BUMED began sending Navy nurses to civilian institutions like the Miss Frances Farmer School of Cookery in Boston, Massachusetts for advanced training in dietetics. The Farmer School—founded in 1902 by its namesake—was noted for taking the "scientific approach" to food preparation and nutrition. Between 1923 and 1930, 43 Navy nurses graduated from the school including future Nurse Corps Superintendent, Captain Nellie DeWitt. Many of the nurse graduates of this program—and others that followed—served in dietician billets at naval hospital through the 1940s.

With the advent of the women's naval reserve or Women Accepted for Volunteer Emergency Service (WAVES), dietitians began entering the Navy as commissary officers in the Navy Supply Corps. In World War II, 60 dietitians entered the Supply Corps through the WAVES program. By the end of the war, commissary officers could be found at naval hospitals and training centers managing messes, directing food procurement programs, and working in subsistence development laboratories perfecting rations for Sailors and Marines.

In World War II, Lieutenant Lucille Rose Clark of Fargo, North Dakota served as one of the first

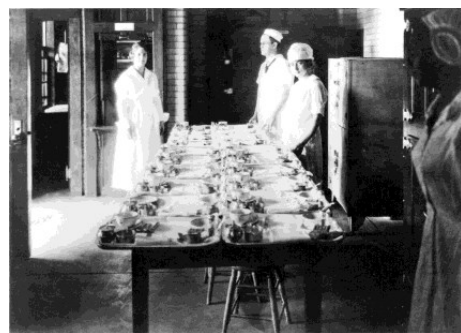
WAVES commissary officers. Remaining in service after the war, Clark was one of the first women selected by the Navy for Regular Duty. And in January 1949, Clark transferred to the Medical Service Corps earning the distinction as the first dietitian in the corps.

#### Sources:

- Daniels, Doris. "The Dietician and the Institutional Manager." *Pacific Coast Journal of Nursing*, January 1919.
- "Fannie Farmer Opens Cooking School." This Day in History, August 23, 1902. *The History Channel*. Retrieved from: <https://www.history.com/this-day-in-history/fannie-farmer-opens-cooking-school>
- "First 288 Women Officers selected for Commissions in the Regular Navy." Department of the Navy Press Release, September 20, 1948.
- Gray, David. *Many Specialties, One Corps. The Pictorial History of the U.S. Navy Medical Service Corps*. Second Edition, 2017.
- "Navy Nurse Corps." *Annual Reports of the Surgeon General, U.S. Navy, 1919*. Washington, DC: Government Printing Office, 1919.



Navy Nurse Dietician, LT Nell Williams, at Naval Hospital New Orleans, 1944.



Main Diet Kitchen at Naval Hospital Chelsea in 1919





### MSC Detailers

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## FROM THE DETAILERS

### PROMOTION BOARD SEASON IS UPON US – Is Your Record Accurate and Up-to-Date?

See the link below for preferred electronic methods for submitting letters to the board. Per Secretary of Defense guidance, the display of official photographs to officer promotion selection boards has been prohibited. Please refer to NAVADMIN 247/20 for more information. Board correspondence must be received not later than 10 calendar days before board convene date. Officers are responsible for ensuring their record is accurate and up-to-date. Utilize the link below to access the record management guide. This guide provides instructions and points of contact (POC) for updating your record. Detailers can only update some Additional Qualification Designations (AQD). Detailers do NOT have access or ability to update other sections of your record. Sending detailers anything other than AQDs will only delay the record updating process. If there is no action or response, the primary POC can utilize My Navy Career Center (MNCC). See below for MNCC contact information. Promotion Boards see your Officer Summary Record (OSR) and Performance Summary Record (PSR) when voting on your record “in the tank”. The Board Member assigned to brief your record also reviews your fitness reports (FITREP), awards, letters to the board and other supporting documentation. While you should verify the accuracy of your entire record, you should focus your efforts on ensuring that your OSR, PSR, FITREPs, and awards are accurate and up-to-date. While multiple AQDs and awards demonstrate your experience and accomplishments, documented sustained superior FITREP PERFORMANCE in challenging leadership positions with increasing scope and impact is the best indicator for promotion success.

- Officer Promotions Board Information, Letters to the Board, etc.: (Must be received not later than 10 calendar days before board convene date)

- \*Preferred\* Electronic Submission of Letter to the Board through MyNavy Portal and other useful board information: NAVADMIN 220/19

<https://www.public.navy.mil/bupers-npc/boards/activedutyofficer/Pages/default.aspx>

### OFFICER RECORD UPDATE:

- Officer Record Management Guide: Click on most recent [PDF] link. <https://search.usa.gov/search?utf8=%E2%9C%93&affiliate=npc&query=Officer+Record+Management+Brief&commit=Search>

- **MyNavy Career Center (MNCC) (UPDATES SERVICE SCHOOLS):** Phone: 1-833-330-MNCC (833-330-6622); MyNavy Career Center Email: [askmncc@navy.mil](mailto:askmncc@navy.mil); MyNavy Portal: <https://my.navy.mil/>

- **Naval Officer Billet Code (NOBC): Detailers cannot enter NOBCs or Subspecialty Codes**

- NOBCs are automatically populated based on how Command has set up the billet.

- NOOCS Manual Volume I, Part C provides information on NOBCs:

<https://www.public.navy.mil/bupers-npc/reference/noc/NOOCSVOL1/Pages/default.aspx>

- NOOCS Manual Vol 2 Appendix E, Provides information on Officer Data Card (ODC) POCs.

- POC for NOBCs: MyNavyCareerCenter (MNCC) [askmncc@navy.mil](mailto:askmncc@navy.mil) or Phone: 833-330-6622

- **Subspecialty Code Updates:** LT Nadege Whitfield: [nadege.whitfield.mil@mail.mil](mailto:nadege.whitfield.mil@mail.mil) or Phone: 703-681-5540

### ORDERS RELEASE UPDATE:

Due to limited PERS funding, orders are currently being released through March 2021. Appropriate adjustments will be employed if lead times affect mission or Permanent Change of Station (PCS) execution. Retirement, resignation, and accession orders are being released nine months prior to retirement for outside the continental United States (OCONUS) and six months prior to retirement for continental United States (CONUS) personnel.

### NEGOTIATING ORDERS:

If you are one year or less away from your projected rotation date (PRD) and have not already begun discussing the PCS plan with your Specialty Leader and Detailer, please reach out to them to initiate communication.

# RESERVE UPDATE

## HOLIDAY MESSAGE FROM RDML MARK E. MORITZ

Medical Service Corps Officers:

On the occasion of this holiday season, I thank all the Sailors and officers for protecting borders and bringing peace to our lives and our nation; you make our world a better place to live. I wish you have some peace in your life. COVID has forever shaped our Nation, and we honor all of you brave men and women for the sacrifice you made to heal your communities. I am humbled by all of you for your dedication and support to this Country of Freedom. Every Christmas I am reminded of this single poem written by a United States Marine Corporal, James M. Schmidt, stationed at Marine Barracks, Washington, D.C. 1986:

as printed in the December 1991 edition of "Leatherneck":

'Twas the night before Christmas, he lived all alone,  
In a one-bedroom house made of plaster and stone.  
I had come down the chimney, with presents to give  
and to see just who in this home did live.

As I looked all about, a strange sight I did see,  
no tinsel, no presents, not even a tree.  
No stocking by the fire, just boots filled with sand.  
On the wall hung pictures of a far distant land.

With medals and badges, awards of all kind,  
a sobering thought soon came to my mind.  
For this house was different, unlike any I'd seen.  
This was the home of a U.S. Marine.

I'd heard stories about them, I had to see more,  
so I walked down the hall and pushed open the door.  
And there he lay sleeping, silent, alone,  
Curled up on the floor in his one-bedroom home.

He seemed so gentle, his face so serene,  
Not how I pictured a U.S. Marine.  
Was this the hero, of whom I'd just read?  
Curled up in his poncho, a floor for his bed?

His head was clean-shaven, his weathered face tan.  
I soon understood, this was more than a man.  
For I realized the families that I saw that night,  
owed their lives to these men, who were willing to fight.

Soon around the Nation, the children would play,  
And grown-ups would celebrate on a bright Christmas day.  
They all enjoyed freedom, each month and all year,  
because of Marines like this one lying here.

I couldn't help wonder how many lay alone,  
on a cold Christmas Eve, in a land far from home.  
Just the very thought brought a tear to my eye.  
I dropped to my knees and I started to cry.

He must have awoken, for I heard a rough voice,  
"Santa, don't cry, this life is my choice  
I fight for freedom, I don't ask for more.  
My life is my God, my country, my Corps."

With that he rolled over, drifted off into sleep,  
I couldn't control it, I continued to weep.

I watched him for hours, so silent and still.  
I noticed he shivered from the cold night's chill.  
So I took off my jacket, the one made of red,  
and covered this Marine from his toes to his head.

I didn't want to leave him so quiet in the night,  
this guardian of honor so willing to fight.  
But half asleep he rolled over, and in a voice clean and pure,  
said "Carry on, Santa, it's Christmas Day, all secure."  
One look at my watch and I knew he was right,  
Merry Christmas my friend,  
Semper Fi and goodnight.

M. E. Moritz, RDML, USN

## SPECIALTY SPOTLIGHT

## HEALTH FACILITY PLANNING AND PROJECT OFFICER

BY: CDR DAREN VERHULST

The Health Facility Planning and Project Officer (HFPPO) community is a small group of Health Care Administrators (HCA) specializing in health facility programming, design, and project execution. These officers provide project management and end-user representation throughout the facility life-cycle from initial demand signal through the turn-key delivery of newly completed facilities. In layman's terms, these HCAs work behind the scenes to build the Navy's clinics and hospitals. The HFPPO specialty, formerly known as Medical Construction Liaison Officers

(MCLO), was established in the mid-1960s and continues to gain recognition for representing Navy Medicine in the facility acquisition process.

The construction of health care facilities is a lengthy and complex process spanning several years from identifying the initial need for a facility solution to the delivery of a complete and fully-equipped facility. Facility solutions can be small additions to an existing facility to large-scale new hospitals and everything in-between. The HFPPO, with a strategic focus on where the project is headed, attends to the thousands of details that go

into creating a healthcare space from the ground up.

Throughout the process, HFPPOs advocate for Navy Medicine requirements and focus the delivery team on the medical staff efficiency and patient experience. The specialized medical knowledge and commitment to being the voice of staff and patients is

sion requirement data, HFPPOs develop basic facility requirements or a Program for Design (PFD) in accordance with Defense Health Agency (DHA) and applicable United Facility criteria. The PFD informs the design's departments, functional areas, rooms, and the associated square footage requirements necessary to support the anticipated demand for care.

In addition to the PFD, the HFPPO prepares the expected equipment requirements of the proposed spaces and high level budgeting for the project.

During the design of new health facilities, the HFPPO liaisons

with Navy Facilities Engineering Command, the United States Army Corps of Engineers, or other design and construction agents as required. The HFPPO consults with health facility subject matter experts, base public works, and others to ensure the design team fully captures the operational requirements of the new spaces. The HFPPO's efforts include further developing the equipment procurement package to ensure the built environment will support the necessary equipment with correct space and utilities incorporated into the design.

*(continued on next page)*



CDR Karlton Dodson (HFPPO) and Mr. Roy Ranglin (Former HFPPO now site Project Manager) site walk at the Medical Center Addition and Alteration Project, Walter Reed National Military Medical Center (WRNMMC).

what differentiates a HFPPO from a Civil Engineer Corps Officer. Medical facilities require unique insight that typical constructions projects lack, including considerations for patient experience, patient flow, and ability for the facility to flex and adapt to changes in beneficiary populations and medical specialty needs. The HFPPO delivers the buildings needed in today's market with a vision for the future.

HFPPO involvement often begins when a facility condition or a mission change suggests a capital investment may be needed. Using population, staffing, and anticipated mis-

*"HFPPOs advocate for Navy Medicine requirements and focus the delivery team on the medical staff efficiency and patient experience."*

### Subspecialty Code 1804

Primary:  
Active Duty: 10  
Reserve: 1

Secondary:  
Active Duty: 1





## SPECIALTY SPOTLIGHT

# HEALTH FACILITY PLANNING AND PROJECT OFFICER

BY: CDR DAREN VERHULST

*"HFPPO's act on behalf of the end users to allow the supported commands to attend to their current mission operations with minimal interruptions."*

### Subspecialty Code 1804

Primary:  
Active Duty: 10  
Reserve: 1

Secondary:  
Active Duty: 1



HFPPO tours are unique and are often embedded at construction locations to become the onsite Navy Medicine point of contact for all requests for information by the builder and others related to expected operations in the new facility. In their role supporting the project delivery team, HFPPOs work with diverse group of clinicians, administrators, engineers, architects, construction trades, and equipment contractors. HFPPOs act on behalf of the end users to allow the supported commands to attend to their current mission operations with minimal interruptions.

Once newly constructed or renovated spaces are delivered, the HFPPO supports the initial outfitting of the building, procuring all necessary equipment, medical furniture, and other personal property required by the gaining command to function within the new facility. In addition to the



LT Gomez-Rivera observes a surgery procedure at the Cleveland Clinic and develops a better understanding of operating room integration and surgical patient flow.

initial outfitting, the HFPPO provides consultative support to the local military treatment facility (MTF) Commander with transition planning for the day that the MTF will relocate staff and patients into the new spaces.

When the staff and patient moves are complete, the HFPPO works to assist the MTF with clearing vacated facilities and spaces that either demolished or turned over to the construction team for further renovations. Additionally, the HFPPO works with the execution agent and the MTF Facilities Management team to ensure delivery of the appropriate closeout documentation including as-built drawings and warranty plans.

HFPPOs have been called upon to leverage their talents in a variety of deployed settings from constructing and outfitting Role III facilities to assisting the Combined Secu-

rity Training Command-Afghanistan with medical facility planning, construction, and mentoring programs. As the DHA process for facilities planning and project execution evolve, HFPPOs continue to serve in critical leadership roles within Navy Medicine, DHA Headquarters, and project sites. From Walter Reed National Medical Center projects to Marine Centered Medical Homes in Camp Lejeune, Camp Pendleton, Kaneohe Bay and forward deployed clinics in Bahrain and Guam, HFPPOs guide project teams in the delivery of world class health care spaces. Processes will change, end strength will ebb and flow, but the need for trained and agile group of HCAs that can represent Navy Medicine and Defense Health Agency mission requirements at home and abroad, endures.



LT Ben Coker - Apra Harbor Branch Health Clinic Replacement Project



Camp Pendleton, CA - LT Serge Shkuro, project officer for the National Intrepid Center of Excellence.



# *SPECIALTY SPOTLIGHT*

## *HEALTH FACILITY PLANNING AND PROJECT OFFICER*

*BY: CDR DAREN VERHULST*



LCDR Craig Rowland - MCB Kaneohe Bay Marine Centered Medical Home project.



Afghanistan (circa 2007): LT Dodson - tribal negotiations in support of Afghan medical treatment facility projects.



LCDR Alex Aldana - Bahrain replacement clinic project.



Kandahar, Afghanistan (circa 2010): LT Jerry Brown meets with construction team in support of the Role III Facility project.



LT Wes Poirier and LT Kate Faschan conducting a site visit to the Marine Corps Base (MCB) Camp Pendleton 13 Area Marine Centered Medical Home project.



LT Brendan Good, Naval Medical Center Portsmouth Sterile Processing Department project.





# 2020 OPERATION CHRISTMAS DROP LOVE FROM ABOVE

BY: LCDR CLARK HARTLEY



Operation Christmas Drop is the Department of Defense's longest-running humanitarian airlift operation. The tradition began during the Christmas season in 1952 when a B-29 Superfortress aircrew saw islanders waving at them from the island of Kapingamarangi, 3,500 miles southwest of Hawaii.

In the spirit of Christmas, the aircrew dropped a bundle of supplies attached to a parachute to the islanders below, giving the operation its name.

On December 5, 2020, Medical Service Corps (MSC) Officers, LCDR Greg Wolfley, LCDR Clark Hartley and families, and Medical Corps (MC) Officer CDR John Laird and family, volunteered to create donation drop-off boxes that included basic school supplies, toys, dried fruit, clothing, rice, canned and household goods, and medical supplies.

Due to COVID-19 conditions, the United States Air Force shifted their drop zones to the Islands of Palau including Angaur, Pelileu, Kayangel and Koror.



Andersen Air Force Base, Guam - Pictured (L-R): LCDR Clark Hartley, Health Care Administrator, LCDR Greg Wolfley, Industrial Hygiene Officer, and CDR John Laird (MC/Director, Medical Services) prepare boxes for air drop to the Islands of Palau during 2020 Operation Christmas Drop.

Among the volunteers was Radio Operator, Mr. Bruce Best, also known as Brother Bruce, who has been coordinating parachute drops for 40 years. Air crews are linked to island villages via ham radio as the military planes fly overhead and drop supplies.

*"This is a special historic drop for Koror. They're celebrating, and it is a U.S.-Palau friendship drop. They have a lot of poor people in the villages and they are going to distribute (the*

*goods) from the youth center there."* - Brother Bruce

In a small way, MSC's in Guam were able to contribute to the 2020 Operation Christmas Drop - a true collaboration between military service personnel given in holiday spirit.

*"Operation Christmas Drop isn't about presents and tinsel, it's about giving simple gifts that are a little piece of the outside world to brighten their day."* - LCDR Wolfley

Netflix recently released romantic comedy movie, "Operation Christmas Drop".

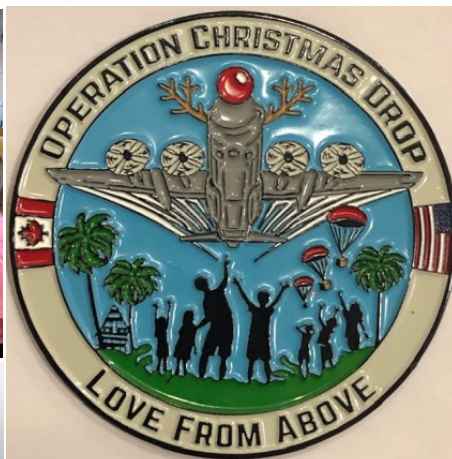
This was filmed on location in Guam showcasing the islands pristine mountains and beaches. Many of the movie extras were local Chamorros, military personnel, spouses and children. While the love story was not based on real life events, the act of giving through Operation Christmas Drop has remained strong for 68 years - even surviving pandemic conditions.

Source:

<https://www.andersen.af.mil/ocd>



Andersen Air Force Base, Guam - "Brother Bruce" assisting the Hartley family to pack drop box full of food and clothing donations.



Hundreds of volunteers help decorate and box over 70K pounds of donated goods. Safety precautions are taken to prevent the spread of COVID-19 to remote islands.

Questions or comments? Email us at [usn.ncr.bumedfchva.list.msc-corps-chiefs-office@mail.mil](mailto:usn.ncr.bumedfchva.list.msc-corps-chiefs-office@mail.mil).



# MSC HOLIDAYS AROUND THE GLOBE



Washington, D.C. - National Defense University. Pictured (L-R): CAPT Rob "Pappy" Higgins, Aerospace Operational Physiologist (#236), Director of Operations; CDR Doug Schweikhart, HCA, Chief of Staff, Academic Affairs.



Norfolk, VA - Fleet Surgical Team EIGHT (FST-8). LT Rommel Rabulan, HCA/Medical Regulating Control Officer (MRCO) onboard USS SAN ANTONIO (LPD-17).



Camp Lejeune, NC - CAPT Reginald Ewing (Right) Medical Corps Officer and Commanding Officer of Naval Medical Center Camp Lejeune presents the Blue H Gold Star award to LT Christopher Mullahey (Left) Department Head and Physician Assistant of the HM3 Wayne Caron Clinic aboard Marine Corps Base Camp Lejeune.



USS THEODORE ROOSEVELT (CVN-71) - MSC Officers pose for a photo in preparation for WESTPAC 2021. Pictured (L-R): LT Daniel Miles, Aerospace Physician Assistant; LCDR Michelle Lane, Microbiologist; LTJG Russell Ongkeko, Environmental Health Officer; LT Jared Castro, Physician Assistant; LT Daniel St. Clair, Psychologist; LCDR Darren Cutler, Radiation Health Officer; LCDR Eric Infante, Physical Therapist; LT Lynnea Vis, Psychologist; LT Victoria Isfahani, Industrial Hygiene Officer; LT Charles Lee, Medical Administration Officer



# MSC HOLIDAYS AROUND THE GLOBE



Okinawa, Japan - 3d Medical Battalion: Pictured (L-R): LT Arthur Decastro, HCA; LT Eric Gonzales, HCA; LT James Lester, HCA; LT Owen Pitrone, POMI; CAPT Darryl Arfsten, POMI/C; CDR Chad Rees, POMI/XO; ENS Joshua Scherrer, POMI; LCDR Christopher Conboy, PA; LT Nina Tash, HCA; LT Paige Desaulniers, PA; LT Dianne Abel, PA. Not Pictured: LCDR Heather Hendrix-Holmes, EHO; LCDR Matthew Milstein, PA; LCDR Christopher Udell, Clin. Psych; LT Paulo Angelo, HCA; LT Tony Fryer, HCA; LT Emran Huda, HCA; LT Alicia Murray, Clin. Psych; LT Lindsay Reinhardt, Clin. Psych; LTJG Nicholas Brandes, PA; LTJG Katie Wachtler, PA



Washington, D.C. - LCDR James Franks, Radiation Health Officer, participates in a promotional video at the WWII Memorial for a new military award, the Atomic Veterans Service Certificate, created to honor veterans that participated in U.S. atomic weapon tests.



## MSC HOLIDAYS AROUND THE GLOBE



Naples, Italy - Medical Service Corps Officers supporting U.S. Naval Forces Europe-Africa/U.S. SIXTH FLEET. Pictured (L-R): LCDR Tony Skrypek, POMI; LT Richelle Magalhães, EHO; CDR Kevin Bailey, POMI; LT Amy Welkie, HCA; LT Rich King, POMI



USS KEARSARGE (LHD-3) - The Medical Team onboard the USS KEARSARGE trained and worked diligently as they entered the “Basic Phase” of the ship’s deployment cycle. LT Dean Olson (Medical Administration Officer) and HMI Cally Carty (Laboratory Technician), conducted a BioFire test to ensure crew members were healthy and safe. With a crew of 1,100, LHD-3’s Medical Team continued the fight against the COVID-19 Pandemic in order to sustain operations and offer fast-response testing for diagnosis and treatment of patients. Pictured Left (L-R): LT Dean Olson, MAO/POMI; HMI (SW/AW) Cally Carty, Lab Tech/LPO. Pictured Right: LT Dean Olson (MAO/POMI) conducts Surface Warfare Medical Department Officer (SWMDO) Qualification Training on the flight deck of USS KEARSARGE.



*Questions or comments? Email us at [usn.ncr.bumedfcbva.list.msc-corps-chiefs-office@mail.mil](mailto:usn.ncr.bumedfcbva.list.msc-corps-chiefs-office@mail.mil).*



# MSC HOLIDAYS AROUND THE GLOBE



Vallejo, CA - USS EMORY S. LAND (AS-39) and USS FRANK CABLE (AS-40). Pictured (L-R): LT Mike Roitter, RHO (AS-39); LCDR Brenda Sharpe, IHO (AS-39); LCDR Gretchen Burns, IHO (AS-40); LT Andrew Hoy, RHO (AS-40)



Camp Pendleton, CA - 1st Dental Battalion/Naval Dental Center Camp Pendleton taking a photo on the Del Mar beach facing the Pacific Ocean. Pictured (L-R): LCDR(Ret) Fernando Guevarra Jr., Executive Assistant to the Commanding Officer; LTJG Maurice Gaisie, HCA/Administration Officer; LCDR Daniel Garcia, HCA/Comptroller; CDR Richard Stacey, HCA/Director for Administration; LT Tracy Scott, HCA/Operations Officer; LCDR (Ret) Dominic Gonzales, Chief Information Officer

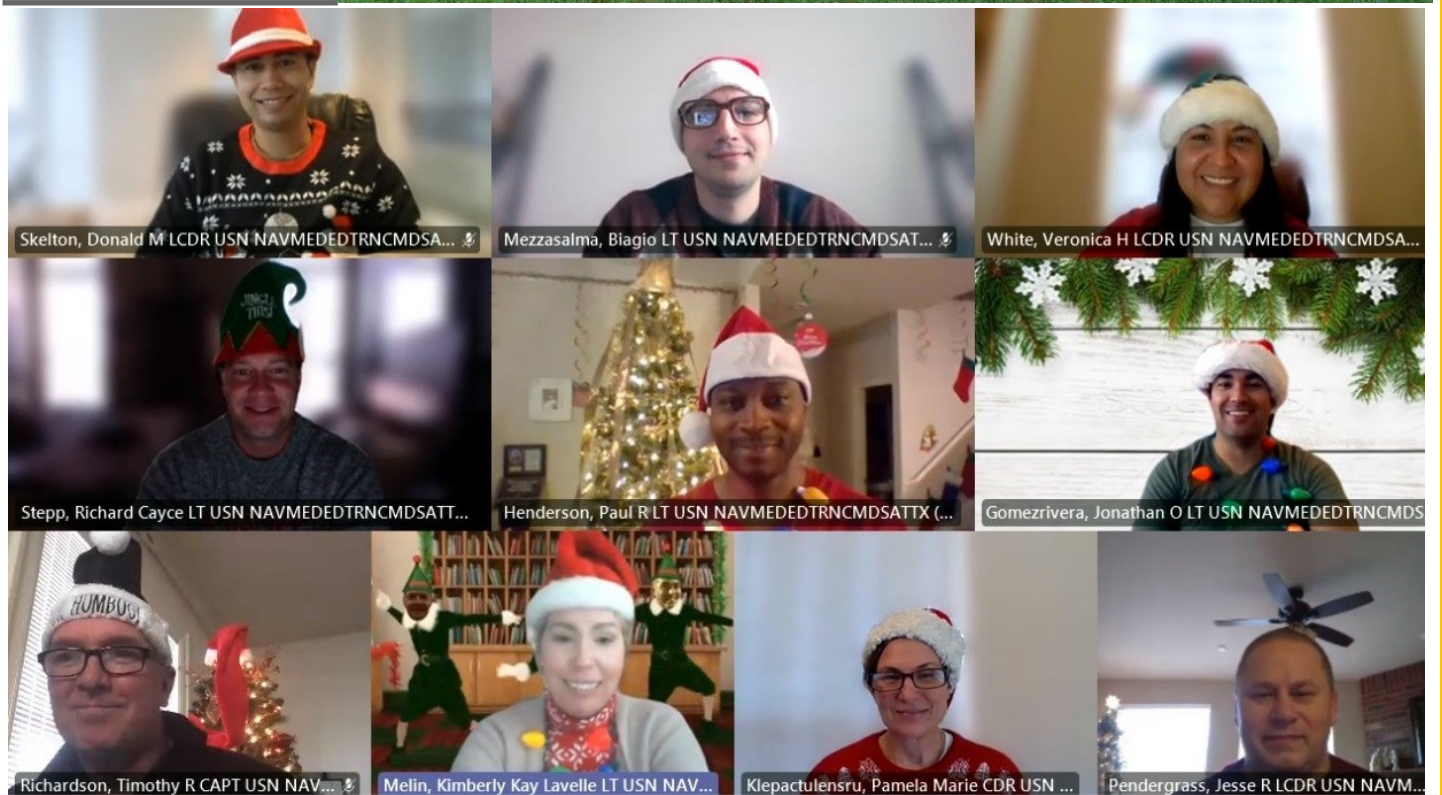


USS NIMITZ (CVN-68) - Pictured Left: LT Julian Krusely, Industrial Hygiene Officer, observes a Replenishment at Sea (RAS) on the flight deck of USS NIMITZ. Pictured Right: LT Julian Krusely, Industrial Hygiene Officer, takes a holiday photo in the Ward-room of USS NIMITZ, while deployed out to sea in FIFTH FLEET.



# MSC HOLIDAYS AROUND THE GLOBE

Silver, Spring, MD - Happy Holidays from the Naval Medical Research Center! Pictured (L-R) LT Hugo Miranda Quijada, Microbiologist; CAPT Adam Armstrong, MC/CO; CAPT Franca Jones, XO; LT Brian Williams, Physiologist; CAPT Sheri Parke, Physiologist; LT Dawn Weir, Microbiologist; LT Catherine Babcanec, EHO; LCDR Rebecca Pavliceck, Microbiologist; LCDR Irina Etobayeva, Microbiologist; LCDR Kimberly Edgel, Microbiologist; LCDR Roxanne Burrus, Entomologist; LCDR Brian Pike, Microbiologist; LTJG Christine Kanakis, HCA/AO; CDR Diana Garcia, HCA/DFA; LT Juan Gomez, HCA/Logistics



Fort Sam Houston, TX - Naval Medical Forces Support Command (NMFSC) MSC Officers sharing in the holiday spirit while maintaining their distance during the virtual MSC Holiday Sweater Meeting. Pictured Top (L-R): LCDR Donald Skelton, Regional Logistician; LT Biagio Mezzasalma, Logistician; LCDR Veronica White, Plans, Operations and Medical Intelligence Officer; LT Richard 'Cayce' Stepp, Health Care Administrator; LT Paul Henderson, Comptroller; LT Jonathan Gomez-Rivera, Health Facilities Planning and Projects Officer; CAPT Timothy Richardson, Deputy Commander; LT Kimberly Melin, Patient Administration Officer; CDR Pamela Klepac-Tulensru, Assistant Chief of Staff; LCDR Jesse Pendergrass, Health Care Administrator

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# MSC HOLIDAYS AROUND THE GLOBE



Beaufort, SC - Navy Medicine Readiness and Training Command (NMRTC) Beaufort. Pictured (L-R), Front Row: LTJG Brooke Delony, HCA/Patient Administration; LTJG Alyssa Ortega, Physician Assistant; LT Stefanie Glazer, Audiologist; LT Rannie Simpson, HCA/Materiel Management. Middle Row (L-R): LCDR Brandon McLamb, HCA/Assistant Director for Administration; LT Philip Burgess, Physical Therapist; LT Jules Martowski, Clinical Psychologist; LCDR Steve Bell, HCA/Resource Management; LT Sebastian Garcia, Pharmacist. Back Row (L-R): LT Samuel Woodson, HCA/POMI/Human Resources; LTJG Selena Damiano, Physician Assistant; LTJG Grant Ingalls, Physician Assistant; LCDR David Berlin, Physician Assistant; LCDR Shawn Morris, HCA/Director for Administration; LTJG Jordan Walbecq, HCA/Operations Management; CDR Thomas Murphy, NAOP/Quality Management



Cherry Point, NC - Happy Holidays from the MSCs of Navy Medicine Readiness and Training Command (NMRTC) Cherry Point. Pictured (L-R): LT Christopher Olson, EHO; LCDR Jones Tillman, Pharmacist/DCSS; LT Daniel Murrish, Lab Officer; LT Joseph Williams, Comptroller; LTJG Cheryl Kivlehan, HCA; LT William Smith, PA; LTJG Lizette Gonzalez, HCA; CDR Clint Bullman, POMI; LCDR Renardis Banks, HCA/DFA; ENS Adam Myers, HCA; CAPT Doug Stephens, HCA/CO; LT Andrew Duffin, HCA; CDR Ronnie McGillvery, POMI; CDR Heath Clifford, Aerospace Physiologist

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# MSC HOLIDAYS AROUND THE GLOBE

**Happy Holidays!**  
**~ NMRTU Oceana ~**

Virginia Beach, VA - Navy Medicine Readiness and Training Unit (NMRTU) Oceana. Pictured (L-R): LT Kelvin Funches, HCA; LT Alan Cantrell, Optometrist; Ms. Avery Luehman, Pharmacist; LT Niesha Townsend, HCA; LCDR(Ret) Herrmann Banner, Pharmacist; LCDR David Viayra, PA; CDR Kyle Kee, OIC



Norfolk, VA - Navy Environmental and Preventive Medicine Unit 2 (NEPMU-2). Pictured, Front Row (L-R): LT Daniel Silberberger, Microbiologist; CDR Arcelia Wicker, HCA/AOIC; CDR Steven Schutt, EHO/OIC; CDR Chadwick Yasuda, Microbiologist/FDPMU-Component lead. Middle Row (L-R): LT Katie Smith, EHO; LTJG Mayek Mavi, IHO; LCDR Kirsten Vesey-Olah, Audiologist/Fleet-EH DH; LCDR Sharpe, IHO/Fleet-IH DH. Back Row (L-R): LT Peter Mercredi, Biochemist; LT Adekunle Ogunyemi, IHO; LT Lockwood, IHO; LT Jarred Gray, EHO. Not Pictured: LCDR Fischer, Entomologist/Vector DH; LCDR Michelle Lane, Microbiologist; LT Millicent Tysinger, RHO/OPS DH; LTJG Russel Ongkeko, EHO; LT Eleanor Moen, Entomologist; LT Paul Gillooly, IHO; LT Brett Burnham, EHO; LTJG Jacob Miller, EHO; LT Saidat Ojoye, EHO; LT Matthew Yans, Entomologist

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# MSC HOLIDAYS AROUND THE GLOBE



Patuxent River, MD - Naval Aerospace Operational Physiologists from Naval Air Station Patuxent River, MD complete quadrennial sleigh dunker training for annual round the world trip. Pictured, Front Row (L-R): CDR Sean McCarthy (Santa); LCDR Maggie Johnson (Elf). Back Row (L-R): LT Virginia DeBons (Elf); CDR Andy Hayes (Elf); LT Tyler Grubic (Elf); CAPT Brian Bohrer (Elf)



San Diego, CA - MSC Officers from Surface Warfare Medical Institute (SWMI) and Navy Education Training Element (NETE) pose during SWMI's MSC Ugly Sweater event. Pictured, Front Row (L-R): LTJG Nnika Montgomery, HCA (SWMI); LCDR Robert Ramirez, PA (SWMI); LT Ruel Nisperos, HCA (SWMI). Back Row (L-R): LT Angela Heraz, HCA (NETE); LT Robert Kirk, HCA (SWMI); LCDR Austin Mowoe, PA (SWMI). Not Pictured: CAPT Jesse Gross, PA (SWMI); LCDR Jason Unruh, PA (SWMI)



Manama, Bahrain - Wishing everyone a Happy Holiday Season from Navy Medicine Readiness and Training Unit (NMRTU) Bahrain! Pictured (L-R): LT Kaiser Sultani, Optometrist; LT Sergio Bonilla, Social Worker; LCDR Kyle Bandermann, Psychologist; LT Aiyanna Glover, Industrial Health Officer; LCDR Yui Wong, Physical Therapist; CAPT Bradley Kluegel, HCA/OIC; LCDR Joshua Corbridge, HCA; LT Darci Ohigashi, Social Worker; LTJG Okoroafor Agbai, HCA; LT Jourdin Navarro, Psychologist; LCDR Brenden Le, Pharmacist





# MSC HOLIDAYS AROUND THE GLOBE

## *Happy Holidays!*

FROM NAVY MEDICINE TRAINING SUPPORT CENTER



Fort Sam Houston, TX - Navy Medicine Training Support Center (NMTSC). Pictured (L-R): LCDR LaMont Simmons, HCA; LCDR Lance Beahm, PA; LT Joseph Hamm, PA; LCDR Joseph Fromknecht, HCA



Camp Pendleton, CA - Staff Corps, Hard Corps! Merry Christmas from 1st Marine Logistics Group (MLG)! Pictured (L-R): LT Daniela Sloan, IHO; CDR Joe Stastny, IHO



# MSC HOLIDAYS AROUND THE GLOBE



Camp Lejeune, NC - Happy Holidays from Navy Medicine Readiness and Training Command (NMRTC) Camp Lejeune! Pictured, Centered: LT Courtney Corcoran, Pharmacist. Front Row (L-R): LTJG Michelle Dorman, Lab Officer; LCDR Martin Casarez, Physical Therapist; LT Iris Manso, Health Care Administrator; LT Michelle Brown, Health Care Administrator; LCDR Kristen Gross, Physical Therapist; LT Telia Wright, Health Care Administrator; LT Aimee Grande, Physician Assistant; CDR Markeece Murriel, Health Care Administrator/DFA; LCDR Michael Kenner, Radiation Health Officer; CAPT Alan Christian, Health Care Administrator/XO. Back Row (L-R): LTJG Stanley Maritim, Lab Officer; LTJG Nicholas Peterlin, Health Care Administrator; ENS Markanthony Castelo, Lab Officer; CDR Kelly Mokay, Dietician; CDR Darren Pierce, Health Care Administrator; LTJG Michael Weaver, Health Care Administrator; LT Kenny Bush, Health Care Administrator; LCDR Douglas Cole, Health Care Administrator; LT Tejaswi Belavadi, Health Care Administrator

Share your photos, sea stories, and BZs to **THE RUDDER**

Submit them through your chain of command to: [MSC Corps Chief's Office](mailto:MSC_Corps_Chief's_Office)

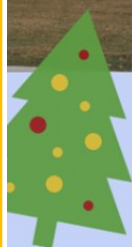
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# MSC HOLIDAYS AROUND THE GLOBE



Lemoore, CA - Navy Medicine Readiness and Training Command Lemoore. Pictured (L-R): LT Christopher McLaughlin, EHO; LT Michelle Rose, Clinical Psychologist; LTJG Todd Switzer, Medical Logistician; LTJG Victoria Hickman, HCA; CDR F. Elaine McClellan, HCA/DFA; CAPT David Breier, Commanding Officer; LCDR Amanda Randles, Medical Technologist/DCSS; LT Jason Ehrhart, Physician Assistant; LTJG Catherine Mayberry, HCA/PAD; LCDR Michelle Neuroth, Medical Technologist; LT Tanesia Maul, Pharmacist; LT Ashley Gripe, Physical Therapist



*Happy Holidays*

**From: Navy Medicine Readiness & Training Command Lemoore MSCs**



Guantanamo Bay, Cuba - Happy Holidays from Naval Station Guantanamo Bay Medical Service Corps Association! Pictured Front Row (L-R): LT Rachel Smith, Dietician; LT Ara Gutierrez, Lab Officer; LT Veronica RestrepoMolina, HCA; LT Alicia Sammons, EHO; LT Katrina Brewer, HCA; ENS Justen Bryant, Social Work; LCDR Jason Delinsky (HCA). Back Row (L-R): LCDR Carl Powell, Pharmacist; LCDR Laridee Herding, PT; CDR Shawn Weber, PT; LT Max Anderson, HCA; LCDR Molly Summers, Psychologist; LCDR Craig Ogden, Pharmacist; LT Roger Hazard, PA; CAPT David Hicks, Optometrist; LT Mukund Thakore, HCA; CAPT Michael Basso, Psychologist

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# MSC HOLIDAYS AROUND THE GLOBE



Great Lakes, IL - Navy Medicine Readiness and Training Command (NMRTC) Great Lakes MSC Association. Pictured Top Down (L-R): CAPT Bill Grady, XO; LTJG Shannette Davis, HCA; LT Aiden Stubbs, Optometrist; CDR Bradey Gotto, Pharmacist; LT Gabrielle Finger, Optometrist; CDR Robert Senko, Optometrist; CAPT Wendy Pinkham, Physical Therapist; LTJG Lindsey Rude, HCA; LT Matthew Ozanich, Comptroller; CDR Jeremy Pyles, DFA; LCDR David Lester, HCA; CAPT Todd Lauby, Optometrist; Frosty T. Snowman, Geologist; LCDR Jessica Woody, HCA; LCDR Christopher Paulett, Optometrist



Portsmouth, VA - Medical Service Corps Officers-in-Charge (OIC) in action at Navy Medicine Readiness Training Command (NMRTC) Portsmouth. Pictured (L-R): CDR Kyle Kee, NMRTU Oceana OIC; CAPT Dawn Freeman, NMRTU Little Creek OIC; CDR Darla Dietrich, NMRTU Norfolk OIC; HMCM James Carbone, Director Branch Clinics SEL

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# MSC HOLIDAYS AROUND THE GLOBE



Pearl Harbor, HI - Navy Medicine Readiness and Training Command (NMRTC) Pearl Harbor. Pictured, Top Row (L-R): LCDR Tran, IT; LT Alferos, Physical Therapist; LT Cabezas, Optometrist; CDR Piliwale, EHO; LT Winston, HCA; LCDR Nyangema, Comptroller; LCDR Lee, Physical Therapist; LT Leung, Optometrist; LCDR Cornejo, Physician Assistant; CAPT Hicks, Director for Administration

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# MSC HOLIDAYS AROUND THE GLOBE



## Happy Holidays from the MSCs of NMRTC Charleston

CAPT Chad Roe (XO/HCA), LCDR Andrew Weiss (DFA/HCA), LCDR James Falkner (DPHS/RHO), LT Danielle Baez (Social Worker), LT Tom Driscoll (DRM/Comptroller), LT Amber Egbert (Optometrist) LT Michael Hardy (RHO), LT Megan Jones (MATMAN), LT Youssef Khamsi (RHO), LT Matt Kugelman (HR/HCA), LT Michelle RizzoPelley (EHO), LT Dale Wolkenhauer (Lab Officer), LTJG Okechukwu Ezeonwurie (MATMAN), LTJG Richard Isiorho (PAD)



Fort Detrick, MD - Happy Holidays from Naval Medical Logistics Command (NMLC) and the Medical Service Corp Officers at the tip of the Medical Logistics spear. Pictured (L-R): LT Jennifer Nestor, Logistician; LCDR Greg Mendoza, DFA; LCDR Jenny Frasco, Logistician; CAPT Steve Aboona, HCA/Commander; CDR Matthew Marcinkiewicz, HCA/Deputy Commander; LEUT Claire Jeavons-Fellows, Royal Australian Navy (MSC); LCDR Robert Barragan II, Comptroller

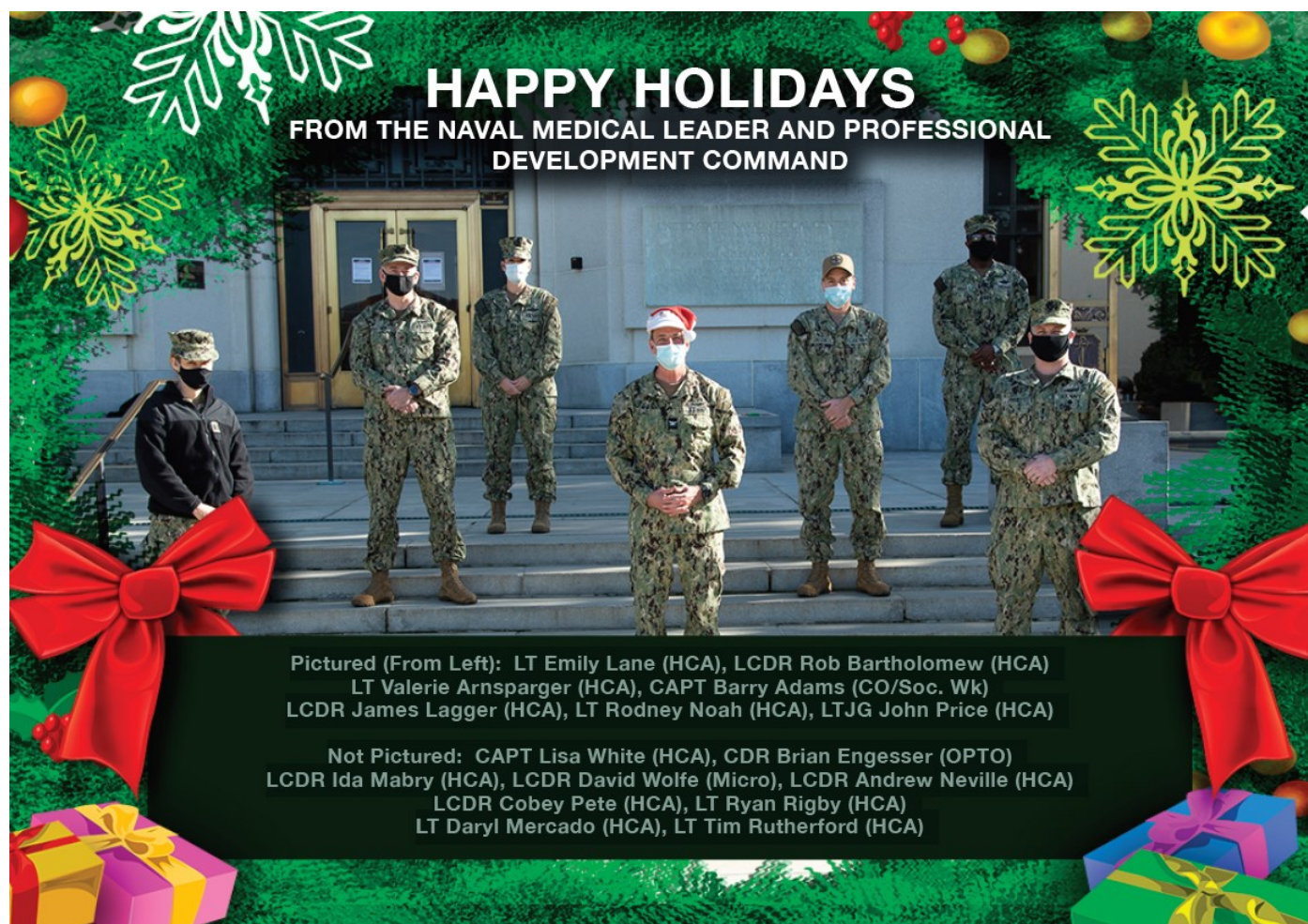
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# MSC HOLIDAYS AROUND THE GLOBE



Bethesda, MD - Happy Holidays and Happy New Year from Navy Medicine Readiness and Training Command (NMRTC) Bethesda. Pictured (L-R), First Row: CAPT Woelkers Gerard, Commanding Officer. Second Row: CDR Alex Dagnachew, Medical Logistician; CDR Steve Marty, Comptroller. Third Row: LT Osaze Uwadia, Pharmacist; LCDR Dan Vaughn, HCA. Fourth Row: LT Samuel Osei, Medical Logistics; LT Fred Nti, Medical Logistics. Fifth Row: LCDR Monika Turner, Pharmacist; LCDR Diana Tran-Yu, HCA. Sixth Row: CDR Layra Avalos, HCA, POMI; LT Kenneth Frati, Blood Bank; LCDR David Valentine III, HCA; LTJG Jeramy Ford, IMIT; LT Yuliya Johnson, Microbiologist



Pictured (From Left): LT Emily Lane (HCA), LCDR Rob Bartholomew (HCA)  
LT Valerie Arnsperger (HCA), CAPT Barry Adams (CO/Soc. Wk)  
LCDR James Laggar (HCA), LT Rodney Noah (HCA), LTJG John Price (HCA)

Not Pictured: CAPT Lisa White (HCA), CDR Brian Engesser (OPTO)  
LCDR Ida Mabry (HCA), LCDR David Wolfe (Micro), LCDR Andrew Neville (HCA)  
LCDR Cobey Pete (HCA), LT Ryan Rigby (HCA)  
LT Daryl Mercado (HCA), LT Tim Rutherford (HCA)

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# MSC HOLIDAYS AROUND THE GLOBE



San Diego, CA - Navy Medicine Readiness and Training Command (NMRTC) San Diego. Pictured Top Row (L-R): LCDR Adam Zeiler, Comptroller; LT Matt St John, HCA; CAPT Karla Lepore, OT; CDR Rich Gilliard, HCA. Second Row from Top (L-R): LTJG Jac Thomas, HCA; LCDR Syed Husain, Microbiologist; CDR Johnfritz Antoine, EHO; CDR Tinsika Riggs, Nutrition; LCDR Jose Pulido, Pharmacist; LT Donny Le, Pharmacist. Third Row from Top (L-R): LCDR Feltonia James, HCA; LT Tya Rowe, Nutrition; LCDR Aaron Hill, HCA; CDR Amit Sood, Nutrition; LCDR Longchau Hoang, RHO; LT Frank Nketsiah, Pharmacist; LT Wyatt Fabrizio, Pharmacist; LCDR Hanh Tang, Pharmacist. Bottom Row (L-R): LCDR Stacey Trimner, HCA; LT Samantha Williams, HCA; LT Megan Hinton, HCA; LT Julie Castronova, Optometrist; LCDR Michael Messick, Lab Officer; LTJG Kaytlin MolinaLopez, EHO; LT Thuy Pham, Pharmacist; LT Daniel Roth, Pharmacist



San Antonio, TX - Happy Holidays from Defense Medical Readiness Training Institute (DMRTI)! Pictured (L-R): LT Robert Stubbs, HCA; LT Richard Gonzales, HCA; MAJ Lecreshia Shields, AN; CAPT James "Curt" Quick, POMI/DMRTI Chief; CAPT Kimberly Broom, MC/DMRTI Deputy; LT Laquetta Robinson, HCA; LT Lia Toader, HCA; Maj Sonya Muzyka, NC; USAF MAJ Michael Cooper, MS/USA; CDR Ligia Villajuana, NC; LCDR Roderick Medina, POMI



## MSC HOLIDAYS AROUND THE GLOBE



Camp Pendleton, CA - MSC Officers at Navy Medicine Readiness and Training Command (NMRTC) Camp Pendleton take a holiday photo in front of the Corpsman Memorial. Pictured (L-R): LT Curtis Popp, HCA; LCDR Michael Schwartz, HCA; LCDR Jeremy Lamb, Optometrist; CDR Tim Coker, HCA; LT Richard Thatcher, HCA; LCDR Martha Loe, Environmental Health Officer; LCDR Gary Rosonet, Audiologist; LT Kate MacDonald, HCA

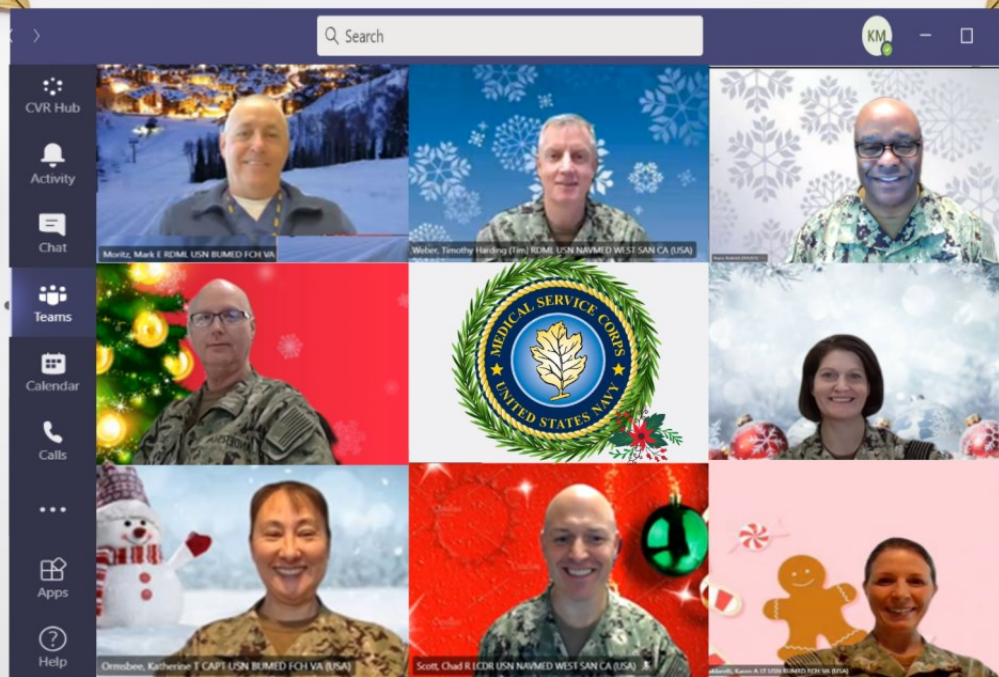


Pearl Harbor, HI - MSC Officers take a photo on Ford Island overlooking the USS ARIZONA Memorial. Pictured (L-R): LT Ryan Moore, Entomologist; LCDR Sarah Jenkins, Microbiologist; LT Elizabeth Fraley, HCA; LCDR Adam Strong, Entomologist; LCDR Joe Moralez, Environmental Health Officer; CDR Douglas Searles, Biochemist; CDR Charles Wilhite, Industrial Hygiene Officer/OIC; CDR Paula Johnston, Audiologist/AOIC; LCDR Joey Garcia, Microbiologist; LCDR Jinaki Gouridine, Entomologist; LT Malia Gonzalez, Industrial Hygiene Officer; LCDR Brian Desiderio, Industrial Hygiene Officer; LT Samuel Kuhr, Industrial Hygiene Officer



# MSC HOLIDAYS AROUND THE GLOBE

The Team in the MSC Corps Chief's Office Wishes You



The Happiest of Holidays  
and the Brightest of New Years!

Falls Church, VA - MSC Corps Chief's Office. Pictured, Top Row (L-R): RDML Mark Moritz, Reserve Director, Medical Service Corps; RDML Timothy Weber, Director, Medical Service Corps; CAPT Roderick Boyce, EHO. Middle Row (L-R): CAPT Robert Anderson, HCA; CAPT Katherine Ormsbee, HCA/POMI. Bottom Row (L-R): CDR Jennifer Wallinger, Dietician; LCDR Chad Scott, HCA; LT Karen Maldarelli, HCA



Pensacola, FL - Navy Medicine Operational Training Command (NMOTC) Headquarters, Pensacola. Pictured (L-R): LTJG Antoinette Saunders, HCA; CAPT Matthew Hebert, Aerospace Physiology/CO; CDR Lakesha Chieves, HCA/DFA; LT Irani Araujo, HCA; LCDR Sherrill Hockenberry, HCA/Ops Director; LCDR Joseph Fiscus, HCA/DRM; LCDR Dawn Walker, HCA; LCDR Crystal Massey, RHO

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# MSC HOLIDAYS AROUND THE GLOBE

## *NSA Mid-South MSC Association*

Happy  
Holidays!

December  
2020



Millington, TN - Naval Support Activity Mid-South MSC Association. Pictured Top (L-R): CAPT Ray Stiff, PERS 4415 Branch Head; CAPT Raymond Bristol, Officer Community Manager; CAPT Shane Vath, MSC Clinical Detailer; CDR Robert McMahon, PERS 4415 Deputy; CDR Kevin Starkey, PERS 407 Branch Head; CDR Janiese Cleckley, MSC HCA Detailer; CDR Chadwick Ray, Officer Medical Program Manager; LCDR Shani Henry, PERS 801 Branch Head; LCDR Melissa Amescua, Behavioral Research and Development Program/Registered Dietician; LCDR Toby Palmer, Officer Medical Program Manager; LCDR Jennifer McNab, GME Placement/GMO Detailer; LCDR Anna Rosendahl, Placement Officer; LCDR Richard Fail, Placement Officer; LCDR Ryan Aylsworth, MSC Scientist Detailer; LCDR Erica Harris, Scientific Research Advisor; LT Jarrett White, Dental Corps Student Program Manager; ENS Thealia Thompson, Officer Medical Program Manager

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## MSC HOLIDAYS AROUND THE GLOBE



Mayport, FL - U.S. Naval Forces Southern Command (USNAVSO) and 4<sup>th</sup> FLEET. Pictured (L-R): CAPT Kim Davis, Fleet Surgeon; LCDR Dan Lund, POMI/Deputy Surgeon



Williamsburg, VA - Navy Expeditionary Medical Support Command's MSC Officers send the MSC community their holiday greetings! Pictured (L-R): CDR Janine Espinal, Medical Logistician/XO; LCDR Joseph Edouard, Medical Logistician; LT Rachel Smith, Medical Logistician; CAPT Chris Morrison, Medical Logistician/CO

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# MSC HOLIDAYS AROUND THE GLOBE



Groton, CT - Naval Submarine Medical Research Laboratory (NSMRL) and Naval Undersea Medical Institute (NUMI) staff. Pictured Front Row (L-R): LT Mahamat Babagana, Research Physiologist; CAPT Katharine Shobe, Research Psychologist/NSMRL Commanding Officer. Back Row (L-R): CAPT Marcus Larkin, Industrial Hygiene Officer; LT Dale Wilson, Physician Assistant; LT Nicole Johnson, Health Care Administrator; LT Chad Peltier, Research Psychologist; LT David Zart, Health Care Administrator; LT Geoffrey Ciarlone, Research Physiologist; LCDR Crystal Massey, Radiation Health Officer



Washington, D.C. - Wishing everyone a Happy Holiday from the Surgeon General and the Pentagon POMI Community! Pictured (L-R): LCDR Temitope Ayeni (OPNAV N44); LT Sierra Nichols (OJSS); CAPT Matthew Case (OPNAV N093); LCDR Audrey Carter (USN SG); LCDR Brian Reynolds (OPNAV N81); LCDR Aaron Eckard (BUMED); CDR Dean Goad (OJSS); CDR David Gribben (OPNAV N44); RADM Bruce Gillingham (USN SG)

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# MSC HOLIDAYS AROUND THE GLOBE



Lima, Peru - Naval Medical Research Unit No. 6 (NAMRU-6). Pictured (Top, Down): CAPT Howard, Biochemist/CO; CDR Barnes, Entomologist/XO; CDR Prouty, Microbiologist; LCDR Colvin, HCA; LCDR Larson, Entomologist; LCDR Graf, Microbiologist; LCDR Lizewski, Microbiologist; LT Abente, Microbiologist

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# MSC HOLIDAYS AROUND THE GLOBE

## From the Navy Entomology Center of Excellence



Jacksonville, FL - Navy Entomology Center of Excellence (NECE). Pictured (L-R): LCDR(Ret) Jose Medina, HCA; LT Adam Salyer, Entomologist; LTJG Sean McKay, Entomologist; LT Taylor Lura, Entomologist; LTJG William Noundou, Entomologist; LCDR James Dunford, Entomologist; CAPT George Schoeler, Entomologist/OIC; LCDR Joseph Diclaro, Entomologist/AOIC; LTJG Andrew Branch, Entomologist; LTJG Edward Traczyk, Entomologist; LT Mohamed Sallam, Entomologist; LT COL Jennifer Remmers, Entomologist/USAF Reserve



Camp Pendleton, CA - Wishing you Happy Holidays from 1st Medical Battalion. Pictured First Row (L-R): CAPT Jeffrey Reppass, Commanding Officer. Second Row (kneeling) (L-R): LTJG Iman Khiar, Physician Assistant; LTJG Shelley Satizabal, Physician Assistant; LT Julio Menendez, HCA; LCDR Amber Lenfert, HCA; LT Herbie Medalla, HCA. Third Row (L-R): LCDR Alex Alba, Physician Assistant; LT Ray Martinez, Preventive Medicine Officer; LT Hilary Williams, Preventive Medicine Officer; LT Christopher Spangler, HCA; LCDR Jonathan Palmer, HCA; LTJG Carrie Barnes, Lab Officer; LT Westin Archibald, Entomologist; CDR Will Morales, Executive Officer; LTJG Carter Laur, HCA; LCDR Wayne Simonds, HCA; HMC Jessica Wentlent (HCA MSC-IPP Select); LT Jesse Smith, HCA. Not Pictured: LCDR(sel) Luke Richmond, HCA; LT Eric Manuel, HCA; LT Craig Wilcox, HCA; LT Courtney Collins, HCA; LT Christian Fletcher, HCA; LT Lening Mora, Preventative Medicine Officer; LT Mercedes Lawson, Physician Assistant; LT Darryl Davenport, Physician Assistant; LT Jeff Aichelman, Physician Assistant; LCDR Jorge Concepcion Psychologist; LTJG Anna Vaneerden, LTJG Kristen Matson, HCA; LTJG Corey Smith, HCA; LT Rhondie Tait, Psychologist; LT Nicole Kang, Psychologist; LCDR Jonathan Locke, Psychologist; LCDR Ingrid Huang, Psychologist



# MSC HOLIDAYS AROUND THE GLOBE



Rota, Spain - U.S. Navy Medicine Readiness and Training Command Rota, Spain. Pictured (L-R): LCDR Bridget Ruiz, Medical Technologist; LCDR Rachel Sargeant, Physical Therapist; LT Jason Johnson, Logistics; LT Nicole Willis, Information Management; LCDR Mashiana Sutton, Comptroller/Financial Management; LT Danielle Kerr, Pharmacist; CDR Christopher Lingard, DFA; CDR Stacy Kwak, Environmental Health Officer; LT Nicole Plazio, HCA; LT Kevin Mollema, HCA; LCDR Samantha Stopford, Social Worker; LCDR Joshua Keil, Optometrist; LCDR Michael Terrenzi, Pharmacist; CAPT Andrew Archila, Optometrist/Commanding Officer; LCDR Garret Hand, Pharmacist



Atsugi, Japan - Navy Medicine Readiness and Training Unit (NMRTU) Atsugi. Pictured Left (L-R): LCDR Erica Poole, Optometrist; LCDR Robert Boyer, Pharmacist; LT Takehito Nakagawa, IHO; LT Zaman Khan, PA. Not Pictured: CDR William Bennett, HCA/OIC; LT Megan Camachobakenbush, Occ Health

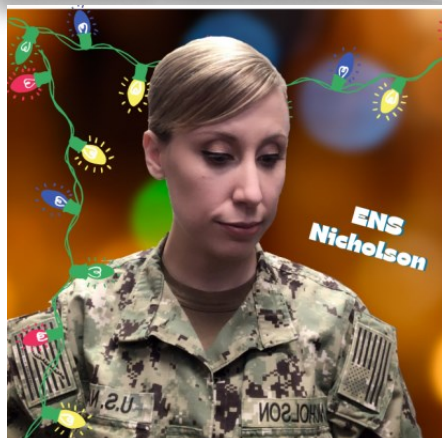


Singapore - U.S. Naval Medical Research Unit No. 2 (NAMRU-2). Pictured (L-R): CDR Karen Corson, Science Director; LCDR Nikolas Matos Makris, DFA; LCDR Robert Hontz, Microbiologist; LT Jodi Fiorenzano, Entomologist



# MSC HOLIDAYS AROUND THE GLOBE

## *Naval Medical Forces Pacific*



**ENS  
Nicholson**



**CAPT  
Zuzelski**



**Mike  
Eby**



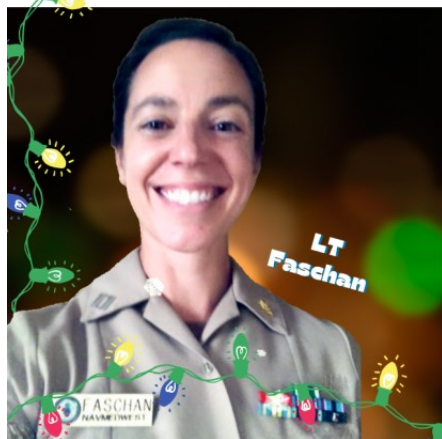
**CAPT  
Green**



**RDML  
WEBER**



**CDR  
Jarmer**



**LT  
Faschan**



**LCDR  
Scott**

**HAPPY HOLIDAYS  
AND A GROOVY  
NEW YEAR!**  
**THE NMFP  
BUNCH**



San Diego, CA - Naval Medical Forces Pacific. Pictured Top Row (L-R): ENS Shasta Nicholson, HCA; CAPT Kimberly Zuzelski, Dietitian; Mr. Mike Eby (retired MSC HCA). Middle Row (L-R): CAPT Rona Green, HCA; RDML Timothy Weber, Commander, Navy Medical Forces Pacific; CDR Ryan Jarmer, HCA. Bottom Row (L-R): LT Katie Faschan, HCA; LCDR Chad Scott, HCA



# November 2020 Crossword Puzzle

WINNER: LT Ryan Bourdreau, MSC, USN

## Across

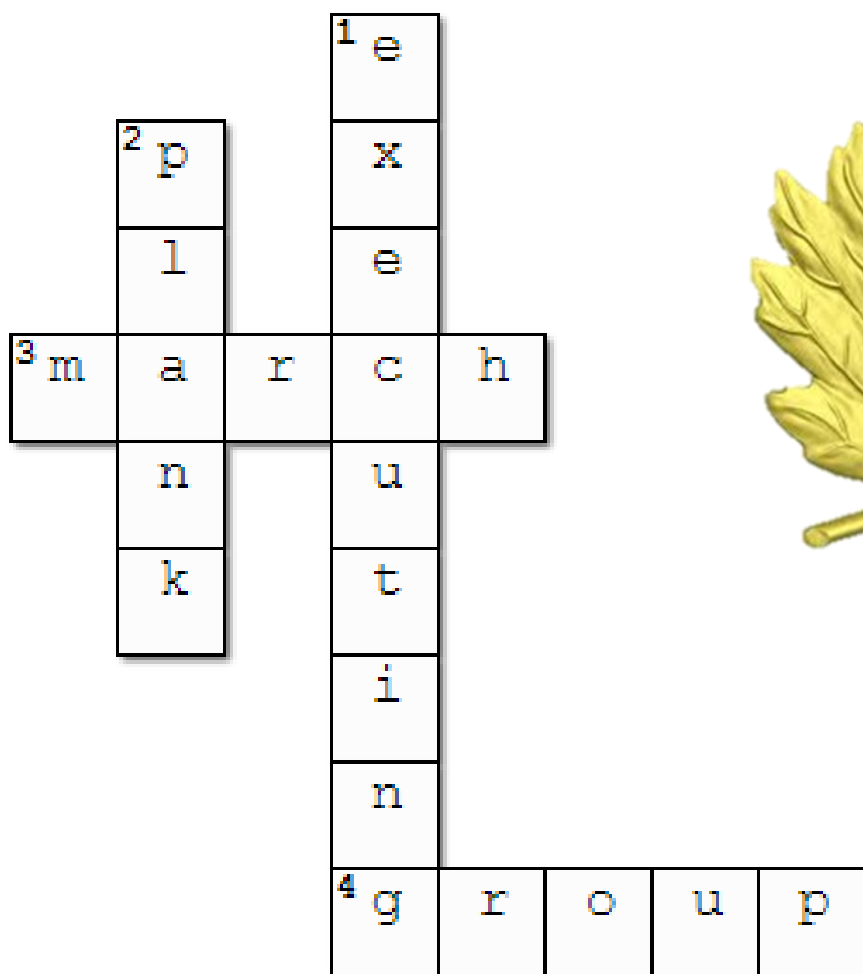
3 Navy will conduct one Physical Fitness Assessment (PFA) cycle in calendar year 2021 from 15 \_\_\_\_\_ to 15 September 2021, dependent upon local conditions and operational requirements

4 Effective immediately, based upon local conditions, Echelon II Commands may authorize \_\_\_\_\_ physical training (command, department, division physical training, Fitness Enhancement Program and spot check BCAs)

## Down

1 Echelon II Commanders may waive the PFA cycle 2021 requirements if COVID-19 conditions prevent commanders from \_\_\_\_\_ safely.

2 NAVADMIN 304/20: Physical Readiness Program Policy Changes CY2021 Cycle, \_\_\_\_\_ and Rower Modalities





# December 2020 Crossword Puzzle

By: LT Rommel Rabulan, MSC, USN

## Across

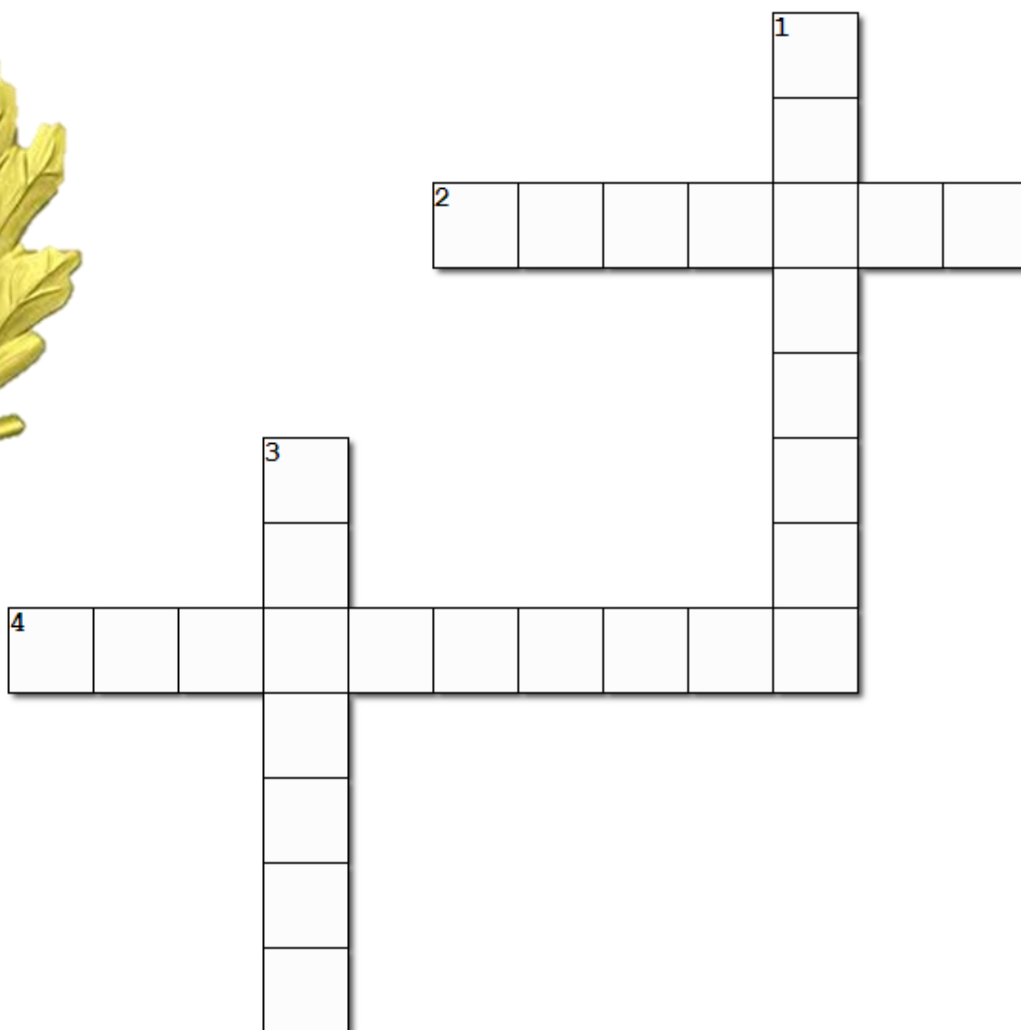
2 Command inspections to ensure all commands execute the requirements of this NAVADMIN will be conducted by Command \_\_\_\_\_ Specialists and the Navy Inspector General.

4 The role of the CCN is to drive commands towards unit mission readiness and a stronger \_\_\_\_\_ for the future by promoting positive behaviors and healthy norms at all levels.

## Down

1 NAVADMIN 318/20: The Cultural \_\_\_\_\_ Network

3 The 21ST \_\_\_\_\_ Sailor Office (OPNAV N17) will incorporate CCN requirements across OPNAV N17 programs and policies in support of COE initiatives.



\*\*\*Email your answers to [rommel.r.rabulan@mail.mil](mailto:rommel.r.rabulan@mail.mil). The winner will be recognized in the next edition of "The Rudder".\*\*\*



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*The Medical Service Corps supports Navy Medicine's readiness and health benefits mission. It is the most diverse Officer Corps in Navy Medicine with 31 specialties organized under three major categories: Healthcare Administrators, Clinical Care Specialties, and Healthcare Scientists. There are over 3,000 active and reserve MSC Officers that serve at Military Treatment Facilities, on ships, with the Fleet Marine Force, with Seabee and special warfare units, in research centers and laboratories, in a myriad of staff positions with the Navy and Marine Corps, and with our sister services around the world.*

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